

# Newsletter

May 2010

## Letter from the President



Dear Colleagues, Dear Friends,

Two years ago, Ettore Taverna created the Upper Limb Committee (U.L.C.) of ESSKA. The aim of this committee was to share experiences on shoulder surgery and make this experience available to all, through practical courses, scientific works, books and any other new idea in this spirit of making shoulder surgery better and easier.

During the last two years, the ULC organized two International Shoulder Courses: first, at Athens in 2008, organized by Manos Antonogiou and second at Barcelona in 2009, organized by Angel Calvo. ULC has created a very active collaboration with ESSKA (special thanks to Jon Karlsson) with the equivalence of two full days of scientific program on shoulder at the Oslo ESSKA congress.

We also had the privilege, in association with Anecy Live Surgery and with the active contribution of Laurent Lafosse to start a multicentric international study presenting the different techniques we can use to improve "step by step" our arthroscopic treatment of shoulder instability and in the same time presenting comparative difficulties and results of these techniques (presented on Wednesday 09/06/10 at 2pm, in Oslo). This is very innovating and thanks again to H. Sugaya, L. Lafosse, E. Taverna, A. Cartucho, A. Calvo, N. Tzanakakis and M. Antonogianakakis for giving they patients.

I have the honor and the privilege to be the President of ULC for the next two years and you can imagine it is a real challenge. ULC is a fantastic team, we have no leaders, this mean a constant stream of new ideas ! ... Making our dreams becoming reality is always difficult ! but I will do my best to help for that !

This is the reason why we ask all of you, if you are interested on shoulder surgery, to join us to our Open meeting (on Thursday 10/06/10 at 4pm, room Spectrum, in Oslo) and to help us to build what will be our next two years. All contributions for the next Geneva scientific program, participation to the next European multicentric study, ideas for the courses or any others proposition are absolutely welcome.

We will present you the collaborations we start with European Shoulder Rehabilitation Society (EUSSER), European Wrist Arthroscopy Society (EWAS), and other scientific societies from south America (SLARD - M. Gutierrez), Asia (Tang Lai) and north Africa (A. Largab).

I think we have now the opportunity to build with all of you a real european team of shoulder surgeons happy to share experiences, improve they daily practice and spend goodime all together.

Seaching to meet you at Oslo,

Pascal Gleyze  
President of ULC

**ULC Open Meeting**  
THURSDAY 10.06.10, 16:00-18:00  
Room 7, Spektrum, Oslo

## New ULC Board

Just after the Oslo ESSKA meeting, a new ULC Board will lead the Committee for the next two years:

<b>President:</b>	<b>Pascal Gleyze</b>	<b>(France)</b>
<b>Past President:</b>	<b>Ettore Taverna</b>	<b>(Italy)</b>
<b>Vice President:</b>	<b>Boris Poberaj</b>	<b>(Slovenia)</b>
<b>Secretary:</b>	<b>Nikos Tzanakakis</b>	<b>(Greece)</b>
<b>Scientific board:</b>	<b>Antonio Cartucho</b>	<b>(Portugal)</b>
	<b>Chr. Charrousset</b>	<b>(France)</b>
<b>Education:</b>	<b>Tom Ludvigsen</b>	<b>(Norway)</b>
	<b>Angel Calvo</b>	<b>(Spain)</b>
	<b>Maartin VD List</b>	<b>(Holland)</b>
<b>Communication:</b>	<b>Pietro Randelli</b>	<b>(Italy)</b>
<b>Treasurer:</b>	<b>Radovan Michelic</b>	<b>(Croatia)</b>

Of course, everyone is welcome in ULC, we need the knowledge and the experience of all European surgeons to improve our skills and develop new ideas in Upper Limb Surgery.

## Operating with my best friend

Don't miss the opportunity to watch the "LIVE SURGERY" session on Friday 11th, at 14:00, at PRENARY (HOTEL) Oslo. Under the chair of Tom Ludvigsen, Angel Calvo will show in Live transmission from the OR how to operate with your best friend. No secrets, good mood, humour, tricks and tips from a top level shoulder arthroscopist.

**A must see in Oslo!!!**

## Free Book about "Shoulder Instability"

With your registration at Oslo, several scientific books will be given to you for FREE. The ULC has created for the Oslo Meeting an impressive book about shoulder instability. Pietro Randelli has made his best effort to create a super updated book, calling leading European shoulder surgeons to write in a very comprehensive and scientific way their knowledge about the treatment of shoulder instability in 2010. **This book is a must have!!! Don't miss it !!!**

## ULC Annual Shoulder Arthroscopy Course in Warsaw

The third ULC course will be held in Warsaw on November 12-13, 2010. **Save the date!**

The exceptional Polish orthopedic surgeon Grzegorz Adamczyk has created a very promising educational program.

Updated Lectures, Live Surgeries and "Hands On" Cadaver labs will state the Shoulder Arthroscopy in 2010. Keep in touch!

Preliminary program soon available on ULC page at ESSKA website or at your email account if you are an ULC member already.

## Take part in Multicentric Studies of ULC

One of the main role of ULC is to give Evidence Based proposals to all orthopedic surgeons. To achieve this, some serious, big, scientific studies should be performed. Thus Multicentric studies are taking place in Europe during this time.

The idea is to create a huge on-line database and get some very interesting results. Everyone can add his own patients and contribute to the studies. Besides he can have the results for his own work for free. The more patients in database the better and more accurate results. The first Multicentric study is a "Step by step improvement of arthroscopic treatment of antero-inferior shoulder instability".

The second Multicentric study will be the "Prognostic factors of recurrences after arthroscopic treatment of anterior shoulder instability".

These studies are organized by CARL Biostatistics Institute. Amandine Ramseyer has created an on-line database and all of you are welcome to insert your patient data. To get more information about these studies and add your own patients, please create a free account at CARL website:

<http://carl-biostatistic.com/>

More about these studies and our first results will be presented on Open ULC Meeting at Oslo. **Be there!!!**

## Are you interested in ULC? JUST JOIN US !

All Orthopedic surgeons are welcome to join the ULC. Our committee is open to new ideas, knowledge and scientific work. The idea is to create a very scientific, friendly, easy going group of people that have a common target to improve their skills and knowledge on Upper Limb Surgery.

If you want to join us please mail your name, affiliation and telephone numbers to our General Secretary from Greece, Nikos Tzanakakis: [tzanakakisnik@yahoo.gr](mailto:tzanakakisnik@yahoo.gr). You automatically become an ULC member and you will receive all information about ULC activities, courses, studies and ULC Newsletter.

Another option is to visit the ULC page on ESSKA website and fill the Registration Form:

<http://www.esska.org/en/about/committees/id-8-ulc-upper-limb-committee>

Please note that you should be an ESSKA member to become an ULC member.

Looking forward to meeting you in Oslo.....

# ESSKA Upper Limb Committee: Open Meeting: Projects 2010-2012

**Thursday 10.06.2010, 16:00-18:00**  
**Room 7 - Spektrum, Oslo, Norway**

## Program:

- 16:00 - 16:05** Realisations of the Upper Limb Committee in the last two years  
**Ettore Taverna**, 2008-2010 President
- 16:05 - 16:10** Projects for 2010-2012  
**Pascal Gleyze**, President  
**Boris Poberaj**, Vice President
- 16:10 - 16:15** Scientific works: Multicentric studies, Publications in KSSTA, Scientific programme for ESSKA Geneva 2012  
**Antonio Cartucho**,  
**Christophe Charrouset**
- 16:15 - 16:20** Presentation of ULC multicentric study: "Prognostic factors of recurrences after arthroscopic treatment of shoulder instability - Cohort study", Call for participations  
**Giuseppe Milano**
- 16:20 - 16:30** Educational Committee: Courses and European fellowships  
**Tom Clement Ludvigsen**,  
**Angel Calvo**,  
**Marteen Van der List**
- 16:30 - 16:35** Presentation of the ULC course in Warsaw  
**Grzegorz Adamczyk**
- 16:35 - 16:45** Collaboration with European Wrist Arthroscopic Society  
**Jane Messina**
- 16:45 - 16:55** Collaboration with European Society for Shoulder and Elbow Rehabilitation  
**Ann Cools**
- 16:55 - 17:00** Join us, contact, call for members and contributions  
**Nikos Tzanakakis**
- 17:00 - 17:05** Communications and medias  
**Pietro Randelli**
- 17:05 - 17:10** Treasurer report  
**Radovan Mihelic**

## Special guests:

- 17:10 - 17:20** Shoulder arthroscopy in Marocco  
**Prof. Abdelkrim Largab**  
(President of Marocco Arthroscopic association)
- 17:20 - 17:30** Shoulder Arthroscopy in Central & Latin America  
**Dr. Mauricio Gutierrez**  
(President of the SLARD)
- 17:30 - 17:40** Shoulder arthroscopy in China  
**Prof. Tang Lai**  
(President of China Shoulder Society)
- 17:40 - 18:00** Conclusion and discussion with the audience  
**Ettore Taverna**,  
**Pascal Gleyze**,  
**Boris Poberaj**

**See you in Oslo**